The File Menu provides commands for the input and output of files. Fractal!   can input two proprietary types of data files (it's own parameter file and a pre-deformed grid file) and one script file in a standard Macintosh 'TEXT' file.   It can output its own parameter file as well as standard 24-bit deep Macintosh 'PICT' files.   The file menu also provides the Quit command.